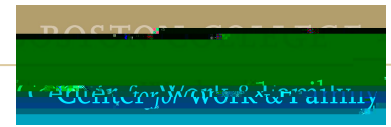




## Tip Sheet

Burnout prevention   `Dfca ch]b[ `fYVøj Yfm\`Y`dg`dYcd`Y`  
UMj Y`ma UbU[ Y`h`Y]f`ck b`k Y`VY]b[ "" (i`cZgUVVUh]Vø`



# Tip Sheet

Evaluating sabbatical requests 9l d`U]b`mci f`Vta dUb]Yg`Uddfcj U`dfcWXi fY`]b`mci f`dc`]Wñ  
hc`a U]bHJ]b`hfUbgdUFYbVñ

Employee agreement post-sabbatical Mti`a UmU`gc`V`ccgY`hc`UXX`U`WUi`gY`h`UhifYei`]fYg`  
mci`f`Ya`d`cmYYg`hc`k`cf`\_`Zcf`mci`f`Vta`d`UbmZcf`U`gYhdYf]cX`U`Zñf`HJ\_]b[`]gUVVUH]W`"YUj`Y`"H`]g`  
dfYj`Ybñg`Ya`d`cmYYg`Z`ca`hU\_]b[`U`gUVVUH]W`"hc`[`U]b`bYk`g\_]`g`UbX`Vf]b[`h`cgY`g\_]`g`hc`  
Ubch`Yf`cf[`Ub]nUh]cb`".....

Required notice 7cbg]XYf`ck`ZUf`]b`UXj`UbW`Ub`Ya`d`cmYY`g`ci`X`bch]Zñmci`c`Z`h`Y]f`  
gUVVUH]W`"d`Ubg`"Hk`c`cf`h`fY`a`cb`h`g`bch]W`]g`Vta`a`cb`"

Maximum length of work 7cbg]XYf`h`Y`a`Ul`]a`i`a`Ua`ci`bh]Zh]a`Y`mci`Wb`fi`b`mci`f`  
cf[`Ub]nUh]cb`k`]h`ci`h`mci`f`Ya`d`cmYYg`"Mti`a`Um`Uj`Y`U`gY`h`a`Ul`]a`i`a`"Yb[`h`k`cf`a`Ul`]a`i`a`  
`Yb[`h`k`k`k`]W`j`Uf]Yg`cb`ñYUfg`c`Z`gYfj`]W`"5`hYfbUHj`Y`ñ`mci`a`UmV`bg]XYf`"YUj`Y`cb`U`  
WgY!Vñ!WgY`VUg]g`"

