Lynn DiBenedetto (Biology), Monday Noon – 1:15pm

How is your diet different from your nutrition? Does it matter? Are your food choices influenced by history, family, government, culture? This seminar course will surve

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Can Erbil (Economics), Wednesday 12:00pm - 1:15pm

As the "Economics for Inclusive Prosperity" platform states "

This seminar explores the concept of "inclusive prosperity" and investigates the roots of increasing inequality in the US, as well as across the globe. We will discuss several policy briefs from the EfIP platform and other brand new research and data-driven analysis. Whenever we can, we will try to brainstorm on policy recommendations. Every week one student will lead the discussion on a topic of their choice beginning with a brief presentation. Topics will need to be connected to concepts of economic inequality, racial and gender inequality, opportunity Usepparity and 2 complainty justice, economic development, powerty 6

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Adrienne Nussbaum (Office of International Students & Scholars), Tuesday 4:30pm - 5:45pm

Coming to Boston College and to the U.S. to study as an international student can be both an exciting and challenging time for freshmen. This achievement is perhaps the fulfillment of a dream that your and your family have had for many years and so there are many high expectations applied or success. All freshmen go through aignificant adjustments their first year, however international students also must accamplate to a different educational system, as well as many cultural differences that their first year, however international students also must accamplate to a different educational system, as well as many cultural differences that their first year, however international students also must accamplate to a different educational system, as well as many

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rian Gareau (Socio, Tuesday 4:30pm - 5:45pm

xplore the meaning of the Engaging Difference & Justice core requirement, its connection to BC's mission, and the part that students must play to make it a success. What does it mean to "engage" issues around the difference and justice at BC? This course will challenge students to envision societies in which all can flourish in freedom, integrity, and fullness of life through the mutual respect their members show to one another in their interactions and relationships.

Elizabeth Kensinger (Psychology), Tuesday 3:00pm - 4:15pm

How are memories formed, stored, and retrieved? When do these processes lead to forgetting, and why? Can we – as individuals, or as a society – forget information that we don't want to remember? Can we improve our ability to hold onto memories that we want to retain? In this seminar, we will delve into these questions, using the study of memory from psychological and neuroscience perspectives as our guide. This seminar is designed to foster scientific thinking and to enhance each student's communication and critical thinking skills, all while discussing a topic (how memory works) of high relevance to college students.

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your self-expression, creativity, and ability to live in the moment. Our seminar will be a place to play, de-stress, and connect with others.

Jason Cavallari (University Fellowships Office), Monday 4:30pm - 5:45pm

Vampires. Werewolves. Witches. From dragons to mad serial killers, history is full of the weird, the dark, and the scary. Every society learns to fear someone or something in order to protect us from the unfamiliar, the impermissible, or the Other. Knowing what scares us, however, also tells us more about ourselves, our desires, and that which we cannot tolerate. This course uses monsters and the idea of the monstrous to introduce students to the study of history through experience with historical sources, pop culture sources, and in conversation with historical scholarship on things that go bump in the night.

Dacia Gentilella (Learning to Learn Program), Tuesday 1:30pm - 2:45pm

Arriving on campus for the first weeks and months of college can be both a thrilling and daunting time. Questions race through our heads: What are the rules, spoken and unspoken? What are the best classes to take? Should I let anyone know that I have questions? What will they think of me, if I don't understand everything? These questions often have a different impact on first generation college students, who are trailblazers for themselves and their families. First gen students often carry themselves and all of the hopes and dreams of their friends and families es